

Cherokee Triangle

FALL 2017 WWW.CHEROKEETRIANGLE.COM VOLUME XXVI ISSUE III



CTA Membership Party Planned IN HISTORIC PARKSIDE HOME

By Jim Gibson

The 2017 Cherokee Triangle Association annual Fall Membership Party will be held on Saturday, September 9th, from 7:00 to 10:00 p.m. The party will be at 1474 Cherokee Road, the home of David Bartley and Curtis Hawkes. This lovely park-side home was built in the early 1920s and has been completely renovated throughout.

The annual Fall Membership Party is an excellent way to catch up with those neighbors you may already know and to make some new friends. Hors d'oeuvres and cocktails will be provided by the CTA. There will also be music by Laura Ellis.

The party is free to all current members of the CTA. If you are not a current member, you may purchase a membership for \$25 per household until August 31, 2017. Tickets will also be available on the day of the party for \$50 per person, and will include an annual membership. Membership covers a calendar year and will expire December 31, 2017. Lifetime Memberships are also available for \$250. Purchase a Lifetime Membership at the party and receive a gift.

The Cherokee Triangle Association was formed in 1962 and enjoys tremendous neighborhood support, with current membership at nearly 450 residences. We are an active and vibrant organization. CTA projects include various restoration projects, preservation efforts, fund-raising and donations to many local charities. In addition to the annual Membership Party, the CTA also sponsors a Winter Potluck Dinner, the Cherokee Triangle Art Fair, the Willow Park Summer Concert Series and the Fall Family Festival. If you are not yet a CTA member, we hope you will consider joining us.

Memorial Benches Honor Dedicated Neighbors

By Tim Holman and Antonia Lindauer

The next time you take a seat on a bench in Willow Park, take a moment to turn

MARGARET BARCH
A CHERISHED CHEROKEE TRIANGLE NEIGHBOR & FRIEND

in Margaret Barch. To commemorate Bench Memorial Project is yet another

and look at its placard. These placards Margaret's life, the CTA Board of Trusare used by Olmsted Parks to raise mon-tees purchased a bench in her honor. The ey for their mission while at the same Board then chose to make this a yearly time memorializing someone who sup- financial commitment to Olmsted Parks ported the parks. The Cherokee Triangle so each year the Neighborhood could Association decided to get in on the act. honor one of the many residents and Two years ago, the Cherokee Triangle friends who have made it such a remarklost a great servant and lovely neighbor able place to live. The Willow Park

Adopt - a - Park	Third Saturday of Each Month June — October
CTA Fall Membership Party	Saturday, Sept.9 7 to 10 p.m. Invitations to be mailed to members.
CTA Family Fun Festival	Sunday, Oct.22 1-5 p.m. Willow Park
Week in the Highlands	First Week In October

NEIGHBORHOOD EVENTS

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VOLUME XXVI ISSUE III PAGE 2

MESSAGE FROM THE CTA PRESIDENT JOHN ELGIN

WATCHMAN, HOW GOES THE NIGHT?

Sometimes it feels this way when an unexpected noise awakens us in the middle of the night, but there is comfort knowing our neighbors are there to help. A block watch in our neighborhood can provide solace knowing that others are willing to help. The crime reports that we get from LMPD 5th District and the reports from the Cherokee Triangle blog make us aware that crime does happen in our area all too frequently.

A block watch is an organization of your neighbors on one or more blocks who come together to create a formal block watch group that is recognized by the city through the Center for Neighborhoods. The process of creating a group is not hard and there are several places to go to learn how to create one, how to operate it and what to do when there is a problem. Councilman Brandon Coan has launched a series of how-to-do-it meetings with specific help. The first covered the basic concept; details are available at https://louisvilleky.gov/government/metr o-council-district-8/district-8-crime-information which also has links to the

information which also has links to the LMPD 5th District Crime Maps and crime statistics for our Metro District 8. Other tools to help organize and provide speakers for meetings are available as well

A second presentation was held in August at the Douglass Community Center and the details of that meeting will be posted. The focus at the second meeting was more hands on and guided new block watch groups going through the registration process.

These directions, forms, and contacts are all found in the District 8 Block Watch Tool Kit found at the afore mentioned link. From the initial meeting to the follow-on meetings, the agenda can be as extensive as the group wants it to be. However, the best part is the growing sense of friendship that can develop. Working as a group can make the neighborhood safe without having to go out at night to patrol the street or confront strange people in your neighborhood. The block watch helps to keep the eyes and ears of you and your neighbors open to unusual things that may be going on in the neighborhood and gives you confidence that your reports of unusual behav-

Message from Louisville Metro Councilman, District 8

BRANDON COAN

Fall greetings, Cherokee Triangle. Baxter Avenue and Bardstown Road are the lifeblood of your neighborhood and, at the same time, the bane of its existence. I am working hard to accentuate the former and eliminate the latter.

In the Summer 2017 CTA Newsletter, I wrote about my investment in two additional police officers to patrol the corridor two additional shifts each, every

CHEROKEE TRIANGLE ASSOCIATION NEWSLETTER

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Peggie Elgin

James Millar

ior and people will be heard and acted upon.

The Cherokee Triangle has great neighborhoods that deserve to be safe from petty theft, unwanted solicitors, as well as crimes against property and people. The block watch needs you! Will you join with your neighbors to help fight crime and keep our 'hood safe? If so, I encourage you to go to the link, download the Neighborhood Watch Tool Kit, read it, contact your neighbors and call the number in the instructions to explore the idea. If you already have a block watch in place, fill out the Block Watch Registration form to make sure you block watch is in the system.

Together we are greater than any one of us.

weekend between Memorial Day and Labor Day. The early results of that investment are in. The feedback from business owners, especially, has been overwhelmingly positive, as officers have made a special effort to visit shops in search of information to prevent and deter crime.

Talking with police has confirmed my suspicions, however, that this temporary effort is not enough to keep District 8 as safe as possible. As a result, I will be lobbying, cajoling and working the levers of power with the goal of securing a permanent Baxter/Bardstown area patrol consisting of two to four additional officers dedicated to work Friday and Saturday evenings until the bars close. This may not be something I can accomplish right away but my sights are set and I don't give up easily.

You may also be aware of the "I Can Get You a Tow" campaign that I launched in August. This is a public education and law enforcement effort to combat illegal parking in driving lanes during rush hour (7-9 a.m. and 4-6 p.m. weekdays). This is just the beginning of our look at parking and transit – in the Highlands. By the time you're reading this, I will have also participated in the kick-off meeting for a Baxter/Bardstown Pedestrian-Focused Safety Improvement Study (from Broadway to I-264). I consider securing funding for this as my biggest D-8-specific win of the FY18 budget process. There will be multiple public meetings as part of this investigation, so please stay CONTINUED TO PAGE 7



THE STORY OF A HOUSE AND FAMILIES THAT CALLED IT HOME — "BARDIN" CIRCA 1912 TO PRESENT DAY AND HOW LANDMARKS HELPS PRESERVE THE MEMORIES

By Peggie Elgin

John and I were enchanted by the appearance this June of about a half dozen relatives of the first generation owners of the historical house we bought on Everett Avenue in 1997. They were mostly 4th generation Bardins--brothers and sisters and cousins—and accompanying spouses-armed with old photos, years worth of stories and memories of an occasional visit (probably in the late 50s or early 60s) back to this American four-square house.

It was such fun hearing them move from room to room or to the backyard suggesting this is where Grampa grew his own tobacco and cured it in the basement or this is the room where Dad listened to the radio. The experience connected us to the Bardins and into the story of our house. I later did some fascinating research in the Louisville archives with the help of former councilman Tom Owen and feel even more connected to the history of this wonderful neighborhood. I am hoping others will want to look into their own homes' past and share what they find in the newsletter.

The history of our home in the Cherokee Triangle began with George and Ida Bardin.

The house, built around 1911, was initially offered for sale at public auction on May 22, 1912 at 4 p.m. by Rothenburger & Turner, Auctioneers, under the title of **BEAUTIFUL HOME IN THE HIGHLANDS**. The ad described various rooms and amenities including a combination stairway—a wide 40-inch main stairway with a narrower 25-inch utility stairway in the back. (See illustration of the ad on page 4).

George Bardin, great-grandfather to several of the recent visitors, is listed in the city directory at the time as a collector, possibly for an insurance company. O'Neal Bardin, interviewed by telephone along with Keith Bardin in August, thought his grandfather had also worked in transportation, perhaps as a conductor.

George (1859 – 1936) and Ida had one child Percy (1891-1977). The family had lived at 614 Market Street before acquiring the

Everett home. Percy attended Male High School and although he did not attend college,

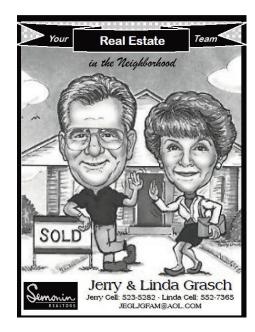
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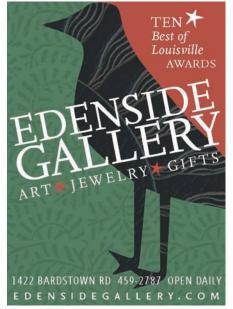


GEORGE BARDIN, STANDS ON THE PORCH OF HIS HOME AT 1050 EVERETT AVE. CIRCA 1912. THERE IS NO HOME AT 1048 AT THIS TIME. A CLOSE UP OF THE SAME PHOTO SHOWS LEADED GLASS WINDOWS IN THE DOOR SIDE LIGHTS IN THE FRONT DOOR. THE NEIGHBORHOOD SHOWS BRICK STREETS AND LIMESTONE CURBS, GRASS IN THE YARD AND ONE SMALL TREE. NO ELECTRICAL WIRES APPEARED IN THE FRONT AT THIS TIME BUT THE POLES AND WIRES SHOW UP IN ALLEY PICTURES AND IN THE FRONT A FEW SHORT YEARS LATER.



STAIRCASE IN THE "EARLY DAYS" FRAMES
AN IMPRESSIVE MIRROR





BARDIN FAMILY PUT DOWN ROOTS IN THE CHEROKEE TRIANGLE IN 1912

CONTINUED FROM PAGE 3

O'Neal relates that Percy was later awarded a degree from the University of Louisville because of the advanced curriculum Male offered. Percy worked sales at a lumber company and met a young secretary named Maude Ruddell of Indiana who became his wife. Percy went on to become editor of Industrial Finishing, a trade magazine published in Indianapolis. "He seemed to like that work," his youngest son, O'Neal recalled.

Percv and Maude had three children: O'Neal, Bruce and Keith. O'Neal expects that his mom and dad and brothers moved to the Everett location sometime after his grandfather passed away. He remembers living at a home on Stevens Avenue before relocating to the Cherokee Triangle.

O'Neal attended Longfellow Elementary School, Highland Junior High and Male High School before going off to college.



MAUDE BARDIN, READING THE NEWSPAPER ON THE PORCH WITH HER SON KEITH.

Elegant Concrete Block Residence

LOCATED AT 1050 EVERETT AVENUE

AT PUBLIC AUCTION ON WEDNESDAY, MAY 22, AT 4 P. M.

ON THE PREMISES.

ON THE PREMISES.

This is an elegant two-story residence, constructed of concrete block about a year ago; new and modern to the minute; has reception hall, parlor; dining-room and kitchen on first floor; four bedrooms and bath on second floor; constitution stairway, hardwood floors, concrete basement under the entire house; laundry, stationary tubs, furnace, electric lights, etc.; attle over entire house; lot 40x180 feet deep to the alley.

Terms—One-half cash, balance in one, two and three years; 6 per cent, interest and lien.

ROTHENBURGER & TURNER, Auctioneers.

O'Neal Bardin recalled that "the Cherokee Triangle was a friendly place, but there were not too many other children in the neighborhood so activities were mostly family related." He said children from school provided a network of friends and he remembered going to Lakeside to swim in the summer.

At home "we played cards. There was no TV then," he points out. The family gathered around the radio and he remembers listening to Amos and Andy in the room he called the library, on the second floor above the front door. That room is now used primarily as an office.

O'Neal remembers his father "puttering around on his hobbies-wood working and gold plating art work". Percy also tended a garden site away from the home.

Another clear memory of O'Neal's as a young child was seeing his grandfather laid-out for viewing in the house when he died in 1916. "There were not many funeral parlors at that time," O'Neal learned. "He was laid out by the front door (in the reception hall described in the advertisement or foyer.)"

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VOLUME XXVI ISSUE III PAGE 5

THE HISTORY OF A HOUSE AND OF ITS FAMILIES HELP PRESERVE THE HISTORY OF A NEIGHBORHOOD

CONTINUED FROM PAGE 4

One photo shows Maude Bardin and son sitting on the front porch reading the newspaper. "The family was pretty well read," O'Neal recalls. "We did get the daily newspaper, the Courier Journal. There was also an evening paper, the Louisville Times." The family had access to lots of magazines and poetry.

The memory of those advertised back stairs sparked another memory of O'Neal's childhood days. "I used to love running down them as fast as I could trying not to fall." The back stairs are a hair-raisingly steep shot down from the landing between the first and second floors; they are now more safely used as a closet.



CHILDREN PLAY IN THE BACKYARD. NO HOUSE IS BUILT YET NEXT DOOR AND THREE HOMES STAND ACROSS THE STREET, WHERE THE CAMELOT APARTMENTS WERE BUILT LATER. THE TWO CHILDREN ARE LIKELY KEITH AND BRUCE, THE OLDEST TWO CHILDREN OF PERCY AND MAUDE BARDIN.



WE HAVE KEPT MUCH OF THE INTERIOR—COLUMNS, WOODWORK, POCKET DOORS AND LEADED GLASS SIDELIGHTS—AS IT WAS AT THE HOUSE'S INITIAL CONSTRUCTION A CENTURY AGO. THE "PARLOR" OR LIVING ROOM SHOWS MANY OF THE ORIGINAL FEATURES INCLUDING THE FIREPLACE AND MANTEL WITH COLUMNS. SEE MORE PHOTOS ON PAGE 11.

Living in an historic neighborhood gives us a physical connection with our past. But the experience gets more meaningful when relatives of the first owners share their knowledge, photographs and a hand-written memoir of the lives that occupied the house before you.

Pictures passed around reveal how the neighborhood looked a century ago. Some elements in the photos were pleasantly familiar and others, depicting what is no longer there, displaced my frame of reference. One image of the backyard shows three large homes across the alley, gracing the spot where an apartment complex now stands.

The reason these former residents had a recognizable house to return to is due in part to the Cherokee Triangle's Landmark designation and rules that were put in place to help keep the old family home looking on the outside much as it is represented in faded pictures and fond memories.

Every house in the neighborhood has a story to be told.





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START WITH A IDEA — AND GROW FROM THERE

By Nick Morris

We may sometimes come up with a good idea for a new business, but we can't very well just name it "idea." However, taking some creative liberty with the spelling – you could call it "eyedia." That's exactly what Martha Neal Cooke and Diane Stege did with the creation of their business, eyedia design it again. The new venture specialized in the sale of quality consigned furniture and home décor. It opened in 2004 on Mellwood Avenue in the Clifton neighborhood.

After 12 successful years at the Mellwood Avenue location, the owners decided to sell the building and business. Fortunately, they did not have to look too far to find interested buyers. Connie Roitman and Misha Meinhold, who both worked at evedia, were interested - and it didn't take much convincing for them to jump at the opportunity. They already had a mutual passion for the business along with a wonderful working relationship. In May of 2016 they opened the new and expanded location at 926 Baxter Avenue in the Original Highlands. They love the neighborhood and the new space! The space was formerly occupied by ISCO Industries - they have relocated their business to downtown Louisville.

evedia meets two of the basic requirements that many of



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1901 Williamson Court www.greenhaventreecare.com today's shoppers expect get good value for your dollar and never pay full retail. Connie and Misha are very selective about the furniture they choose.

They manage to bring good quality current and trends together at about one-half the price you find at a retail store. addition they



MISHA MEINHOLD AND CONNIE ROITMAN, OWNERS OF EYEDIA

are excited to be able to offer local artist work and brand new rugs at drastically reduced prices.

The consignment process works like this: eyedia consigns pieces for 90 days with markdowns every 30 days. If for some reason a particular piece does not sell, there is a half off sale at the end of every month. Sometimes the biggest challenge is making sure there are enough quality pieces to meet the customer demand. Some items are even purchased before they reach the floor for display. So, keeping up with demand can sometimes be tough, but having a great variety of consignors helps alleviate such problems.

Connie and Misha are active in the local community and

offer free events on a regular basis. "We had a plant potting class in May put on by a local landscaper, Maureen Reymann. We had a design class in June put on by Lyn Marby." In July they sponsored an event called "The Corridor That Cares." School supplies were collected and donated to the Family Scholar House. For August there was a Neighborhood Recycling



CHEST, LAMPS AND FURNISHINGS — EYEDIA OFFERINGS

Event, with the proceeds benefiting the Highland Community Ministries.

Through the years of working together Connie and Misha have discovered that their individual talents compliment each other, allowing them to share the many duties required to run this fast pace and ever changing business. They have as their credo - "working to make the store a wonderful place for both consignors and customers - and our employees."

For someone who is looking for a really unique piece to give their home a distinctive look, or who may have a great piece of furniture to consign - evedia is the perfect place to

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"I'll take time to care..."

VOLUME XXVI ISSUE III PAGE 7

MEMORIAL BENCH HONORS MARGARET BARCH

CONTINUED FROM PAGE 1

can give back to its community.

For decades, the CTA has worked ro Government to preserve, enhance and gle Association, a staunch preservationprotect Willow Park. This joint venture ist, and a wonderful neighbor and friend. is made possible by funds generated He, along with a committed group of from the Cherokee Triangle Art Fair, neighborhood advocates, was responsiforms of revenue to improve our park. Preservation Status for the Cherokee The partnership has resulted in major Triangle Neighborhood. After seeing upgrades to the restrooms, playground, several historic homes demolished to commitment to our neighborhood plan. ers fought to preserve our unique beauty Our financial commitments will change and safeguard our historic legacy. Don from year to year as needs arise, but the was our first President under Preserva-Association also wanted to make a regu-tion Status and guided the neighborhood lar yearly commitment to an organiza- through a difficult but important period. tion that improves our quality of life.

Barch, played an active role in the Cher- Interior Design from 1971-2002, which okee Triangle Neighborhood, along with decorated many a Cherokee Triangle her husband, Gary Barch. She was a Home. Don passed away on June 6th noted cytogenetic technologist and was 2007. The bench will be installed in late manager and interim director of the summer and there are plans to commem-Frank P. Yen Cytogenetics Laboratory orate Don at that time. at the University of Louisville. She was an avid opera fan and steadfast support- ciaries of this honor, please contact a er of the arts. Margaret passed away on member of the Cherokee Triangle February 8, 2015 but her legacy lives on Board. The Board hopes to generate a in the continued commitment to list so that each year we may honor a Olmsted Parks through the Willow Park member of our community and continue Bench Memorial Project. Now, when to improve the quality of Willow Park. we visit the park, we think of Margaret,

way the Cherokee Triangle Association and the beautiful presence she was in our neighborhood.

This year's honoree, Don Allen, was with Olmsted Parks and Louisville Met- a past President of the Cherokee Trian-Association Memberships and other ble for securing National Historic and other amenities as part of a broader build apartment buildings, Don and oth-Don Allen lived in the carriage house of Our first honoree in 2016, Margaret Amelia Place and owned Allen House

If you have ideas for future benefi-

METRO COUNCILMAN **DISTRICT 8 REPORTS**

tuned for more information and take advantage of the opportunity to participate.

If all goes according to plan, this fall will also see the planting of 108 trees in empty Baxter Ave. and Bardstown Rd. street wells. Help me plant 108 more trees in another Louisville neighborhood that needs them by calling me at 574-1108.

Finally, we are close to completing an exploration into the establishment of a Baxter/Bardstown management district, not unlike the Louisville Downtown Management District.

You may be familiar with the downtown outfit that serves as extra eyes on the street, vacuums and pressure washes the sidewalk, maintains beautiful trees and flowers and does so much more. I've been meeting with a committee of Cherokee Triangle and other nearby neighborhood business owners and stakeholders for the last several months to gauge the desirability and feasibility for something like that in our neck of the woods. I expect to issue a final report and inform the public of next steps very soon.

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CHEROKEE TRIANGLE OFFICERS SELECTED FOR 2017-18

By Eric Graninger

At its June meeting, the Cherokee Triangle Association (CTA) Board of Trustees elected its officers for 2017-18.

David Dowdell was elected President. David moves to the President position after serving three years as Treasurer. He has been on the CTA Board since 2013. David and his family live on Everett Avenue and have resided in the Cherokee Triangle for 11 years.

Rhonda Petr was re-elected as the First Vice-President. Rhonda also joined the Board in 2013 and has led the Membership Committee as well. She and her family have lived on Willow Avenue since 2007.

Jim Gibson is the newly-elected Second Vice-President. Formerly, Jim served two prior terms on the CTA Board and during that time also served as Second Vice-President. Jim and his family live on Cherokee Road across from Cherokee Park and have been neighborhood residents since 2006.

Amy Wells was elected Treasurer and is a first-time officer on the CTA Board. She joined the Board in 2016 and has been Chair of the CTA's Tree Committee. Amy and her family live on Everett Avenue and have been residents for five years.

Mark Thompson, a Cherokee Road resident, was re-elected as the Secretary. Mark has lived in the Cherokee Triangle for many years and has his business in the neighborhood as well. In a prior term, he served as President of the CTA Board.

These officers will lead the 18-member CTA Board of Trustees starting with the August meeting through the summer of 2018. New officers and all trustees are listed on an updated mail page graphic.

The CTA holds meetings the 3rd Monday of the month (except July and December) at 7:00 p.m. at the Highlands Shelby Park Library branch in the Mid City Mall.

All are welcome.

WILLOW GRANDE PROCEEDINGS SUMMARIZED By John Fendig

An important Cherokee Triangle Association legal proceeding seeking to uphold land development principles and processes in the matter of the Willow Grande project remains pending before the Kentucky Court of Appeals. The proceeding relates to the proposed construction of a high-rise condominium tower at Willow and Baringer Avenues. The case has been assigned to a three judge panel of the court and written briefs have been submitted by the parties. The parties are awaiting a ruling on whether oral arguments will be scheduled or whether the court prefers to rule on the matter on the basis of the written briefs and lower court proceedings.

In the case, the CTA is seeking to overturn the 2013 and 2015 approvals by Louisville Metro Council of developer-requested zoning changes, variances, waivers and a site plan for the tower, which approvals were sustained by an October 2016 Jefferson Circuit Court ruling. The approvals granted relief to the project from a number of important height limitations, floor-area ratio limits, setback and side-yard requirements and other preservation and land development elements that help protect and preserve the neighborhood's character.

The CTA's view is that the rulings improperly applied the existing standards, requirements and precedents for such exemptions. The CTA also believes that the ill-considered exceptions represent a clear threat to the strength and effectiveness of well-thought-out, neighborhood-tailored land development practices generally, such as neighborhood plans, zoning restrictions and land development code specific requirements. The case has Kentucky Court of Appeals docket number 2016-CA-001512.

In a separate case relating to the Willow Grande project, involving historic preservation practices, the CTA has elected not to further appeal an unfavorable February 2017 ruling of a panel of the Kentucky Court of Appeals. Such case involved the Louisville Landmark Commission's approval of the Willow Grande developer's architectural design under the historic preservation laws and regulations. The CTA's appeal centered on believed

administrative, procedural and evidentiary deficiencies in the approval process and ruling. The appellate court ruled that approval process had complied with due process and evidentiary standards. This case has Kentucky Court of Appeals docket number 2014-CA-000685.

Lastly, the CTA and ten CTA board, officer, committee and residents continue to defend a tort proceeding by the Willow Grande developer against them individually. The developer alleges the CTA parties have improperly sought the administrative and judicial reviews described above. The case was commenced by the developer in October 2016. One individual defendant has been dismissed from the matter on procedural grounds. The proceeding is in now in the discovery phase. This case has Jefferson Circuit Court docket number 16-CI-05124.

The CTA believes its involvement and activities in seeking to properly apply or review architectural and land development permit requirements and decisions in the context of



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WHAT IS LOVAFARE RESTAURANT?

By Linda Neely

What is LovaFare Restaurant? To founders and co-owners Adriena Dame and Julia Crittendon LovaFare is a mindful celebration of compassionate living.

In July, 2016 they opened the small eatery and take-out spot at 2009 Highland Avenue, around the corner from Wick's on Baxter. The plant-based menu is gluten and soy free.

The warm vibe of the little place comes from their big and different personalities mingling with customers as they fill orders at the counter. At times Adriena emerges to hug someone she hasn't seen in a while. After she puts on new kitchen gloves, she returns to the kitchen to chop vegetables for the lunch menu or a breakfast patty topped with avocado.

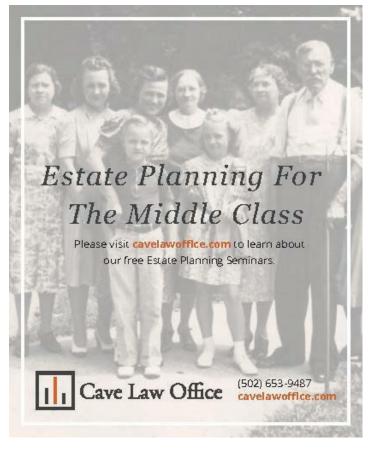
At LovaFare, some customers come and go quickly, while others linger over a tea or juice of the day while they wait. "I have lovely customers," Adriena says as she beams almost mischievously. As expected, high noon seems to be the busiest time for the small kitchen to fill orders, but the restaurant is a charming, usually quiet place, to meet a few friends or to make new ones.

Adriena, with a beehive of an Afro often tucked into a pretty cloth funneling her head, is people oriented to the max. "I am here to serve," she says, to explain her purpose. In between cooking at her vegan/vegetarian restaurant and volunteering at a school helping children learn to relax, she teaches Reiki beginners and masters courses and finds time for guiding meditation and yoga classes. She has a keen imagination that helps her create classes and meals.





CO-OWNERS ADRIENA DAME AND JULIA CRITTENDON PREPARE INGREDIENTS FOR THEIR VEGAN/VEGETARIAN MENU. (PHOTO BY LINDA NEELY)



LOVAFARE — MORE THAN A RESTAURANT

CONTINUED FROM PAGE 9

Deeply-dimpled Julia bakes "Hope Bread" for LovaFare as well as being a personal trainer and fitness coach. She works in clients' residences or at Adriena and Julia's other building — Lova-Cares — on New LaGrange Road. That place, larger than LovaFare, provides space for group yoga, as well as group training and get-togethers. The duo now has about a half-dozen part-time employees who help juggle all of their endeavors. Julia is the mother of three – two girls aged 12 and 16 and a son 23. "We have to protect this Temple," she said as she touched her chest. "We only get one." Adriena's son studies at the Western Kentucky University.

Julia and Adriena say they treat others the way they want to be treated: loving and kind.

The other part of LovaFare – the Fare – is a delicious plant-based menu created in part through handed-down or suggested recipes and/or innovation. Usually available is a pot of soup, stew or chili that combines wonderful flavors and vegetable-nutrition in a bowl.

Occasionally, Adriena's parents, Brenda and Ken, get something to eat at the restaurant. When it's possible, nurse-practitioner and author Kim Evans, of Middletown, drives to the restaurant for a meal and to take home densely-textured Hope muffins. Mary Krider, who is an organizer of vegan "Esselstyn-compliant" meals prepared specially for her restaurant events, might pop in for lunch. Because Adriena has taught college and high-school classes, former students sometimes surprise her.

On a recent afternoon a couple of fellows working in the Triangle stepped into the small restaurant to order hearty meals. One was from Shively; the other, from West Louisville. They



Adriena combines yoga and nutrition at LovaFare. (Photo by Linda Neely)

had met at GE and discovered their vegan preferences. After a quick lunch, they went back to work. LovaFare appeals to those on the job and others who like to stay and talk. In other words, LovaFare appeals to just about everyone except those not interested in trying new, healthy food. Adriena and Julia intend for their food to soothe the soul as well.

Hours have been flexible from Wednesday to Sunday, but are expected by publication time to be 11—2 Wednesday through Sunday.

WILLOW GRANDE PROCEEDINGS UPDATED

CONTINUED FROM PAGE 8

the inappropriate and potentially precedent-setting Willow Grande development project are important contributions to historic preservation and neighborhood character principles both in the Cherokee Triangle and city-wide.

The CTA encourages other members and parties to participate in this process or express their views to the subcommittee.



Attractive bronze Century Markers are available with proof of your home's age. You may purchase one of these special plaques for \$50.

Call Anne Lindauer at 456-6139 if you would like to display one on your 100-year-old home.

CHEROKEE TRIANGLE ASSOCIATION

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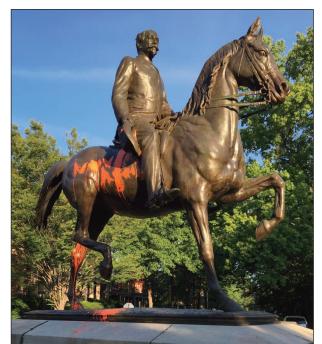


5-0-Lou.com 2235 Frankfort Avenue 502-212-0927 A Frankfort Avenue boutique that celebrates the creative spirit of the Louisville area with locally crafted housewares, eatables, artwork and apparel.

Special offers on pinpointperks.com

VOLUME XXVI ISSUE III PAGE 11

STATUE DEFACED AUGUST 13TH



A LOOK BACK INTO HISTORY OF A FAMILY GIVES A YEARS AGO GLANCE OF THE ALLEY



PERCY BARDEN STANDS IN THE BACK YARD OF HIS EVERETT AVE. HOME.

STRUCTURES BEHIND THE GARAGE TO THE RIGHT GAVE WAY TO AQUARIUS APARTMENTS.



FAMILY FUN FESTIVAL PLANNED FOR OCT. 22 By Judy Swanick

The Family Fun Festival offers fun for the family on Sunday, Oct.22 from 1 until 5 p.m. in Willow Park. Numerous activities target the Cherokee Triangle's young athletes, artists and intellectuals.

Toddlers and grade schoolers with energy to burn can dive into the action in a large or small bouncie house. More focused young athletes can practice their skills with a soccer ball, basketball or football. Above photo depicts 2016 event.

Those looking for some quiet time can stop by the library booth to read a book or color. For artistic expression on a larger scale, chalk and sidewalks will be provided for 'the big picture. For those preferring to wear their art home, face painting and wash-off tattoos will also be available.

Adults attending the festival can look forward to catching up with their neighbors and watching our Triangle youth frolic on what will hopefully be a cool fall afternoon. A food truck and soda are planned.

This event is sponsored by the Cherokee Triangle Association. Proceeds from the annual Cherokee Triangle Art Fair fund this and other activities such as the Willow Park Concert Series and annual Fall Membership Party.



MAUDE BARDIN TENDS HER BACK YARD EVERETT AVENUE ROSE GARDEN. ROSES STILL EXISTED IN THAT LOCATION WHEN PRESENT OWNERS MOVED IN.

THANKS TO PRESENT-DAY BARDINS

Thanks go to Bardin relatives who contributed old photographs and information about their parents, grandparents and great-grandparents.

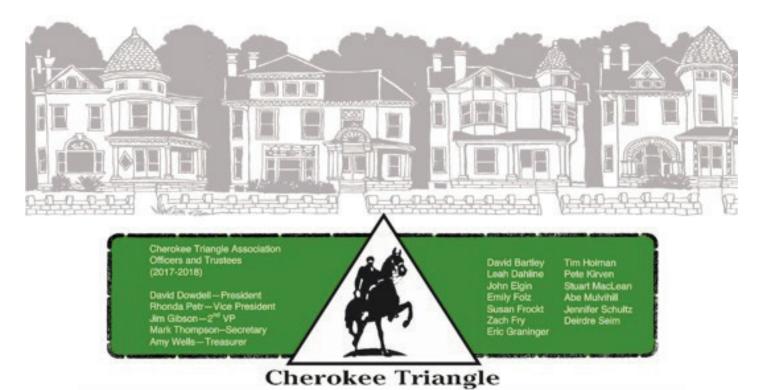
Thank you Keith Bardin, a photographer himself, for organizing and making the photos available for use in the newsletter.

We also thank O'Neal Bardin for his memories growing up in the house with his parents Percy and Maude Bardin and for sharing a memoir written by Percy Bardin.

Cherokee Triangle Association PO Box 4306 Louisville, KY 40204

Your Dues Are Paid Thru:

FALL 2017 ISSUE



The CTA holds meetings the 3rd Monday of the month (except July and December) at 7:00 pm at the Highlands-Shelby Park Library branch in the Mid City Mall.

All are welcome to attend.