Probably everyone would agree that our trees contribute a great deal to the pleasant ambience of the neighborhood; as much as our Landmarks architecture, they provide an inviting sense of place and calm. Aesthetics aside, according to USDA Forest Service studies, trees that are properly spaced around buildings can reduce air conditioning needs by 30 percent and can save 20 to 50 percent in energy used for heating. One of these studies also found that healthy mature trees add an average of 10 percent to a property’s value. Trees help to purify the air by reducing the energy used for cooling and thus the pollution caused by the generation of that energy. They also absorb carbon dioxide (the main “greenhouse effect” gas) and produce oxygen. Large trees can act as a buffer to reduce highway and street noise. Our urban trees can reduce storm water runoff by 10 to 20 percent.

Over the past several years age, improper pruning, no maintenance and extreme weather events have combined to put our share of the urban forest at risk. Quite sometime ago, Dutch Elm disease wiped out most of the Triangle’s previously majestic American Elms. LG&E’s tree trimming practices leave behind trees that are structurally weakened, distorted and highly susceptible to plant diseases and pests. Now the Emerald Ash Borer has arrived in Jefferson County, and it is only a matter of time before our ash trees are affected.

Over this summer perhaps you have seen people walking through the neighborhood, wearing fluorescent green safety vests and carrying clip boards and measuring tapes and talking in an animated way. These are your neighbors: the nineteen members of the CTA Tree Committee who, with the invaluable training, assistance and co-ordination provided by Peter Barber, arborist with the Kentucky Division of Forestry, and Dr. Margaret Carreiro, an urban ecologist and urban forest expert on the faculty of the University of Louisville, have undertaken a street tree inventory and evaluation throughout the Triangle which we hope to complete early this fall. After analysis of the data, we hope to be able to produce a report on the state of our neighborhood trees, a list of appropriate species for planting and a wealth of information concerning alternative/innovative ways to plant street trees/yard trees for aesthetics, energy conservation and even wildlife habitat. We hope to produce our own long-range plan for tree planting and monitoring trees (both old and newly-planted) on a regular basis. Also, the report will detail to Louisville Metro Government the exact dollar value of ecosystem services of our street trees which should help them in the future justify increased budgeting for street tree maintenance and plantings. At the same time, we will know the exact number and location of our ash trees and be able to formulate a plan to deal with the Emerald Ash Borer threat.

This has been a large undertaking, but a very worthwhile one!
MESSAGE FROM SENATOR DENISE HARPER-ANGEL

LOCAL ROAD IMPROVEMENTS ARE LOOKING GOOD

I’m pleased to report that road improvements in the Willow Park/Cherokee Parkway area that I’ve worked to help keep on track are just about complete.

There have actually been two separate, but overlapping, projects that are benefiting the area, and both will likely be finished very soon. As you may have noticed, the state has recently been working on resurfacing area roads, including Cherokee Parkway and Willow Avenue. I last contacted Transportation Cabinet officials several weeks ago to inquire about the timeline for resurfacing Cherokee Parkway, which very well could be finished by the time you read this. Special care has been taken to make sure this project progresses at the right rate, but overlapping, projects that are keep on track are just about complete.

Another project in the same area I’ve been interested in for some time and is about finished at the time of this writing. I worked to help secure Metro local public agency project, which means the project is being handled by local government, but the state has ultimate oversight and is providing the funds that I worked to help secure.

The Willow Avenue project is 90 percent complete. The final touches for that plan – such as adding intersection stripes – will be completed as soon as the state wraps up its resurfacing work in the area, which very well could be finished by the time you read this. Special care has been taken to make sure this project provides the aesthetics that complement its proximity to one of our city’s great parks.

Many thanks to our local government workers and state Transportation officials who have made these upgrades possible, as well as to the citizens in our area who supported the neighborhood improvements and who were patient while the work was done. We all benefit from investments in our transportation infrastructure and the efforts to provide safe roads!

DON’T BE A SQUARE PEG IN A TRIANGLE HOLE … JOIN THE CTA TODAY!

MESSAGE FROM LOUISVILLE METRO COUNCILMAN FOR DISTRICT 8

TOM OWEN

I usually say “Have you spoken with your neighbor?” when someone calls me to report an overflowing gutter next door, or a property with a dangerous tree, or high weeds, or debris in the alley, or even the barking dog. The complainer sometimes retorts: “Oh! I don’t want to get involved. Councilman, can’t you call ‘em and talk to them?”

Now, I’m the first to agree that the direct approach to neighborhood concerns is nerve-wracking and can run the risk of making things worse. Still, though, most neighbors would much prefer a personal hint from you rather than getting the government involved since, when I am called, my job always is to lower the hammer of code enforcement on violations. When my office receives a complaint, we ask the appropriate Metro office—Inspections, Solid Waste or Metro Arborist—to visit the alleged scene of violation and issue a citation to the property owner to remedy the problem or face a fine. Clearly the hammer approach is pretty rough and begs for a gentler solution.

I absolutely believe that neighbors and the entire community have an interest in seeing property properly maintained. We should not roll-over in the face of messiness or incivility. I do hope, however, you’ll try the direct personal approach before you call in government.

MEET MAYOR ABRAMSON AND COUNCILMAN OWEN

Mayor Abramson and the Metro government will answer community questions at 6:30 p.m. September 21 in the small gym at Atherton High School at a neighborhood meeting, part of the city-wide Community Conversations that rotate around Metro Louisville.

Do you have a concern or issue about anything in Metro Louisville? Would you like to express an opinion to the mayor or a government official face-to-face? Do you have a concern to discuss with your District 8 Councilman Tom Owen? This is a wonderful opportunity to become involved in your local government and get issues resolved. These officials are coming to your “back yard.”

The school is at 3000 Dundee Road in the Upper Highlands.

The bronze Century Markers are still available. With proof of your home’s age, you can purchase one of these special plaques for $40.

Call Anne Lindauer at 456-6139 if you would like to display one on your 100-year-old home.
Planning Essential in Triangle Renovations

By Lynne Lyndrup

It seems that residents of the Cherokee Triangle are continually having work done on their homes. Remodel and construction firms’ signs pop up in yards from Triangle border to Triangle border. It makes one wonder: How does one learn of and hire a reputable contractor who will do the job well and leave one feeling great about the renovation?

David Rateau, who has operated Rateau Construction for 33 years and is the Chairman of the Remodelers Council of the Louisville Home Builders Association, offers several suggestions. “First, ask for referrals from people in your neighborhood and from family and friends who have had work done.” He says this is especially true in the Triangle, where a firm that is knowledgeable of the Landmarks Commission’s guidelines and restrictions is needed. “Interview as many contractors as needed, in order to get the best company for a particular job. Be sure that they are fully insured. Ask how long they have been in business and if they have completed similar projects.” Rateau recommends hiring a firm that is a member of the Home Builders Association. Hiring members “is a plus because they have had to meet certain criteria to become members and the Association has a mediation process that will help homeowners with any disputes they may have with their contractor.” A member of that committee for two years, Rateau has never had a reported problem with a contractor.

Jim Phillips, also a member of the Home Builders Association, emphasizes the importance of hiring a contractor who has comprehensive knowledge and understanding of working with older homes. He agrees with Rateau that one must hire a contractor who has done similar work to what the homeowner needs. When on the job, he often sees previous work that wasn’t done properly and must be reworked or removed. For example, Phillips never recommends installing insulation between two floors, or in contractor speak, “conditioned spaces.” The reason is that the insulation in the basement ceiling stops the radiant heat from rising to the upper floor. Phillips is a believer of the restrictions of the Landmarks Commission because “what they offer is a positive rather than a negative approach to restorative work and their input creates a better outcome.” He also strongly recommends using only licensed electricians and plumbers.

Doug Foster, of Foster Brothers Construction and General Contracting, along with his brother, David, suggests the “number one thing a homeowner should do is have drawings” of what he or she wants. A plan can benefit the homeowner in terms of time and contractor cost. Drawings can be made by draftsmen, architects or the homeowner, as long as the plans accurately describe what is wanted or needed. “The more prepared, the more information a homeowner can provide for the contractor, the better,” states Foster. Contractors need to listen to their customers, but should be confident enough to

(Continued on page 6)
THE BLESSINGS OF STORMS

BY DEANNA O’DANIEL

Like most of my neighbors, I was devastated by the loss of so many of our 100-year-old friends in the past year. The two recent storms, Hurricane Ike in September 2008 and the ice storm in January 2009, have reduced our beautiful urban forest remarkably. In my effort to look at everything in life as something positive, I had to ask myself what is the blessing in this loss?

My back yard looked very different this spring with the loss of the large hard cherry tree from my neighbor’s yard to the west of me. What immediately came to my attention was the new amount of sunshine I now receive. I missed the old forested look of my yard, but having grown up on a farm, I knew that this would a great time to try my hand at raising a garden. Over the past 31 years that I have lived in this house, I have flirted with this idea many times, but too much shade always stopped me.

A friend came by with a tiller and plowed up an 8 by 10 spot in my tiny yard. I planted broccoli, tomatoes, peppers, Brussels sprouts, kale, parsley and basil. I am amazed at what this little plot yields!

I always make it a policy to support local stores if possible, and got my plants from Bunts’ on Jefferson Street. Then I sat back and watched them grow.

I did do a few things to make gardening easier. To keep weeding to a minimum, I covered the ground with wet newspaper, and then covered this with dark mulch. This has worked very well. To keep down the pesky aphid population, I planted several marigolds in random loca-

(Continued on page 7)
Carolyn Brooks, new member of the Cherokee Triangle Architectural Review Committee, brings experience in the historic home and preservation fields to the ARC table.

An historic preservation consultant, she currently works for Buffalo Trace Distillery doing ongoing research and consultation on the historical significance of the distillery in the context of Kentucky’s bourbon industry. She also worked for nine years at Farmington as executive director.

Other interesting projects she has worked on include preparing the successful National Historic Landmark nomination for the United States Marine Hospital at Louisville through the Portland Museum and participating in a planning project for the Portland Wharf archaeological site. For River Fields, she prepared a National Register nomination on the “Country Estates of River Road.”

In Atlanta before that, she worked for the State Historic Preservation Section of the Georgia Department of Natural Resources as an architectural researcher for the National Register Program. The 23-year resident of the Cherokee Triangle came to Louisville in 1986 when her husband, Peter Morrin, was hired to be Director of the Speed Art Museum. “I had no preconceptions of Louisville and loved it, when we arrived,” she adds. “I had in mind a neighborhood like the Cherokee Triangle.” The house they purchased was the only house for sale in the entire Cherokee Triangle at the time.

Her newest project is creating house histories for people. Starting with her own home, she did some research and pieced together the story of the house. “The man we bought it from turns out to have lived here for 30 years,” she notes.

Her venture into historic preservation started in Poughkeepsie, NY. “I have always loved history and somehow got involved in doing some research on a couple of buildings in Poughkeepsie with an architect named J.A. Wood,” she says. She also worked on the Hudson River Sloop Clearwater project created by Pete Seeger. She ended up getting a job at the state historic preservation office in Atlanta and has been involved in historic preservation ever since.

“The great majority of my work has been National Register work,” she explains. “In order to do a National Register nomination you have to understand the significance of the building in terms of its history and its architecture. You have to look at issues of integrity because only a building of high integrity can be put on the National Register.”

The first meeting Brooks attended dealt with replacement windows. “This is a hot button issue,” she says. “I think it is important that Landmarks and the Committee be clear about why window replacement is such a difficult issue and why in many cases people don’t get their wishes. There are good reasons for not replacing windows in most cases. With energy issues, there is all the more reason to be clear that in many cases original windows can be made energy efficient and in terms of the quality of wood, they are a whole lot better.”

Regarding her role as an ARC member, Brooks believes the idea of the job is basically to support staff recommendations. “Landmarks has an excellent staff that has been at work giving advice and looking at potential change,” she says.

“The ARC is there to be a voice of reason, look into what people are saying, understand neighborhood values and issues, understand preservation, and to try to be as accommodating as possible,” she says. “I think sometimes though that staff looks to the Committee to also weigh in. If things are somewhat controversial, the staff doesn’t want to make the decision totally by themselves. They want input from other voices. Education and information are very important,” Brooks adds. “I think it is important that people are given help and not just told ‘no’.”

See “ARC Description” on Page 7.
What to do about windows is a hot topic in the Triangle these days: to replace or not to replace, and what exactly does replacement accomplish? The homeowner’s impulse to replace windows is prompted primarily by the desire for greater energy efficiency. Aggressive replacement window salesmen are quick to quote seemingly impressive R-factors and extol the “lifetime warranty” angle when touting their products.

Preservationists are averse to replacement windows in all but a few cases. They are not being contrary for the sake of blind contrariness. Unlike replacement windows, original windows contain elements which contribute to the architectural character of our buildings instead of diminish their visual integrity as replacement windows inevitably do because of their one size fits all manufacture.

The vast majority of heat loss in homes and other buildings is through the attic/roof, not the windows. Adding just three and one-half inches of insulation in the attic has three times the R-factor impact of replacing a single-pane window with no storm window with the most energy efficient window. Properly repaired original windows have an R-factor nearly indistinguishable from the new “weatherized” windows. When pressed for a definition, replacement window salesmen have to admit that manufacturers’ “lifetime warranties” are for either 15 or 20 years. In fact, 30 percent of the windows being replaced each year are less than ten years old. Mathematical analysis reveals that it would take at least 30 years of potential energy savings to recover the investment in a replacement window that is only guaranteed to last for 20 years.

The windows in our historic homes were built of hardwood timber from old growth forests. The quality of the tight grain of this wood is virtually unobtainable today. The grain of wood from which today’s windows are manufactured is by comparison so loose as to render the frames potential sponges for the inevitable rainwater and other moisture they will experience. Vinyl-clad replacement windows, because of their construction, deteriorate relatively quickly and begin to admit air at their junctures.

One of the things to consider is the remarkable and unique character of the window glass itself. The original glass in our historic buildings is very distinctive with its wavy lines and other visual contours. This is lost with new replacement window “factory” glass and thermal panes. When the seal in a thermal pane window fails – as they often do after a few years – the window itself must be replaced in total. Proper re-glazing of the original glass can go a long way to give an old window new life and greater effectiveness.

Most of our windows have sashes hung with counterbalanced weights. Unlike this pulley-and-counterweight system, which has few working parts, replacement windows contain many pieces that can break down, resulting in operation which deteriorates over time. A broken sash cord in an original window can be repaired and made fully operational, and subtle but effective weather-
Blessings

(Continued from page 4)

...tions in the plot. That has worked well, too. I did have to resort to using “Sevin” powder once on the tent caterpillars that love all my kale and broccoli leaves. Keith’s Hardware has been a good resource on protecting my plants from pests, if I don’t feel like driving down to Buntons.

The garden has been surprisingly easy to grow and maintain. I have to admit, the rainy summer we have had has helped with the watering, and the water bill. Not only is my garden beautiful to look at, it attracts cardinals and robins that like the worms and ball bugs they find there.

The kale started coming on first, then the broccoli. Now, I get plenty of cherry tomatoes everyday, and some peppers. When I first tasted the fresh cut broccoli, I was surprised by its sweetness. This is an indication of what is lost on our grocery produce because of all the time spent in transit, I thought.

It is so convenient to just reach out beyond my back porch and grab some parsley that I keep in a planter by the door, to spike up a casserole. Or, to go down my steps to the garden and grab some kale or broccoli leaves for a BLT. I use these leaves instead of lettuce because they have more calcium and nutrition. Snipping off clippings of basil and fresh herbs has enlivened my stir-fry dishes and salads.

I recently saw the movie “Food Inc.” I was reminded of the importance of eating seasonal food and getting food as close to the source as possible. I was also reminded of taking food more seriously is a personal responsibility in caring for one’s health. I do know that I feel stronger when I eat from my garden. I thought about how lucky I was to have had that as a kid on the farm. The movie suggested many ways America can call our food supply back from mass production. One suggestion made is to raise a garden, even a small one. I may never be able to read the soil like my father and know what nutrients I need to add, or read the sky and know what weather to prepare for. But, I do know that I get a comforting feeling from seeming more connected to the earth and to my resourcefulness as a human being. It also just feels good to be doing my small part to help the planet.

Now, that we have more sunshine in the Triangle, I invite you to join me in backyard gardening. “Victory Gardens” don’t have to be a thing of the past!

Louisville Collegiate School Launches

Art in the Highlands

Louisville Collegiate School will hold a new community-wide art show, Art in the Highlands, featuring 80 juried artists from across the country. The event will take place on September 19 and 20 on Collegiate’s campus at 2427 Glenmary Avenue from 10 a.m. to 5 p.m. Many of the artists will be familiar to the regular patrons of the Cherokee Triangle Art Fair held the last weekend of April each year. Art mediums represented will include watercolors, oil paintings, photography, jewelry, sculpture, pottery and much more.

This weekend in Louisville has typically been met with the arrival of the Ursuline Campus Art Fair that for more than 20 years provided our city with the first festival of the fall season. With the discontinuation of this event, Collegiate will introduce a new show that will sustain the quality and tradition of the Ursuline event. All proceeds from the event will support Collegiate students through tuition assistance and scholarships, technology, fine arts, athletics and professional development for faculty and staff.

Several community businesses have joined Collegiate as sponsors of Art in the Highlands: Business First, Louisville Stoneware, MPI Printing and Associated Enterprises. “We are thrilled to have these local businesses sponsoring Art in the Highlands,” said Jennifer Hartlage, Director of Development at Louisville Collegiate School. David Bingham, Director of Marketing and Circulation at Business First of Louisville stated, “Business First is excited to partner with Louisville Collegiate School to put on what will be a wonderful community art event.”

To add a bit of extra fun, Louisville Stoneware invites visitors of the art show to stop by the “Paint Your Own Pottery” booth. Both children and adults can channel their creativity into painting one-of-a-kind pieces such as mugs and trivets. The stoneware will be glazed, fired and ready for pickup at Studio One, Louisville Stoneware’s downtown location. “Here at Louisville Stoneware we enjoy helping young creative minds and encourage individuality for the aspiring artist in everyone,” said Lisa Mullins, managing partner of Louisville Stoneware.

Art in the Highlands will continue the tradition of fall festivals in the Louisville area with food vendors, entertainment and children’s activities. Art-lovers, families and visitors from all over the Louisville area and Kentucky are welcome to attend this inaugural event. For the safety of patrons and artists, Collegiate asks visitors to refrain from bringing pets, bicycles, skateboards and alcohol to the event. Off-site parking at Jim Porter’s, located at 2345 Lexington Road, will be available with free shuttle service to the event. For more information and a list of artists, please visit: http://www.loucol.com/artinthehighlands.

Information for this article was provided by Elizabeth Post, Communication/Marketing Director of Louisville Collegiate School. Louisville Collegiate School is a JK-12, co-ed independent day school located in the historic Highlands neighborhood of the Cherokee Triangle.
CHURCH OF THE ADVENT HOLDS ITS ANNUAL FUND RAISER

The Episcopal Church of the Advent, 901 Baxter Avenue, will hold its annual fund raiser this year on Friday, September 25 at 7pm. The event not only keeps the building in repair and doors open to various community meetings and events, but also financially supports several programs, such as a food pantry and animal food pantry.

Try delicately prepared hors d’oeuvres, enjoy live music from the Harry Pickens Trio and share drinks with friends while helping to preserve a Highlands community landmark. The Silent Auction will close at 9:30.

Tray Passed Hors D’oeuvres
· Cider cured or sage brined turkey sandwiches on house made focaccia with cranberry marmalade and winter greens
· Seared scallops with gorgonzola cream sauce
· Artichoke bottom with eggplant caponata
· Chorizo stuffed date wrapped in apple wood bacon

Stations
· Carved steamship round of beef
· Smoked duck ravioli with roasted bell pepper coulis
· “Carbonara” risotto– pancetta, English peas and lobster mushrooms sautéed and tossed in parmesan wheel

Call 451-6066 to reserve your $40 per person place. RSVP by September 18.

COALITION OF THE HOMELESS PLANS ANNUAL BENEFIT

The Coalition of the Homeless second annual Homeward Bound 5K Race/Walk will be held on Saturday, September 12 at 9am at the Cherokee Park Scenic Loop. Registration begins at 8am on Cochran Hill Road in front of the Louisville Dog Run.

ANIMAL CARE SOCIETY HOLDS 6TH ANNUAL “BARK IN THE PARK”

The Animal Care Society’s sixth annual fund raising event “Bark in the Park” will be held Saturday, September 19, at Seneca Park.

The all day event, guaranteed fun for people and dogs alike, starts with a two-mile walk in the morning. The entire day will be filled with a wide range of entertainment and activities including dog-themed booths, contests and demonstrations and many family-friendly events. For more information visit the web site (www.animalcaresociety.com) or click on the green BARK IN THE PARK tab on their home page when closer to the date. Proceeds go to benefit the Animal Care Society, a non-profit, no kill adoption center for dogs and cats. They are located at 12207 Westport Road and their phone number is 426-0829.

LOCK YOUR CAR!

Most of the incidents of crime reported to the police in our neighborhood are related to car break-ins. People tend to either not lock their cars or leave valuables in plain sight on their floor boards or car seats. This is a clear invitation for theft. The items most often stolen are purses, lap top computers, brief cases, iPods, portable CD players and CDs, and store shopping bags, especially at Christmas time. Please, lock your car and either take your valuables inside with you or place them in your trunk, out of sight. And, please, report all criminal activity, no matter how seemingly insignificant.
TWO OHNA FUNDraisers MEAN Double THE FUN!

Original Highlands Neighborhood Association’s Art and Music Festival which takes place annually on Baxter Avenue will be held this year on September 12 from 11 am. to 11 pm. Baxter Avenue will be closed from Highland Avenue to Broadway.

This year’s Festival will feature 100 artists’ some of whom will be familiar to those who regularly attend the Cherokee Triangle Art Fair in April. Food from these local restaurants will be available: Flanagan’s; O’Shea’s; Molly Malone’s; Renbarger’s Brewhaus; Wick’s Pizza; Tequila Factory Bar & Grill and The Outlook Inn; as well as libations from their title sponsor, Anheuser-Busch. Two stages will be set up to offer a variety of entertainers including Those Darlin’s, Grayson Capps, Bodeco, John Gage, Bobby Falk, MAD TEA PARTY, The Yard Dogs, Gutter Girls, and Edgehill Avenue.

The money raised by this year’s festival will benefit St. Brigid’s Catholic Church, the Louisville AIDS Walk and OHNA. For more information, please visit www.originalhighlands.com or call 235-4368.

The Original Highlands Neighborhood Association will present their 2009 Silent Auction on October 1 from 7 – 10 pm. At the Episcopal Church of the Advent at 901 Baxter Avenue. Auction items include a billiards set and stained glass lamp by Budweiser, quilts, restaurant gift certificates, art pieces from the 2009 Festival’s artists and much more.

The auction is free to all. Proceeds benefit the Louisville AIDS Walk, St. Brigid’s Catholic Church and OHNA.

The simultaneous wine tasting will be catered by the Mayan Café and will feature the Crios Portfolio by Susana Balbo. Five wines – three reds, one white and one rose – all are completely delicious. Cases of wine will be available for order, courtesy of the Wine Market and Old Town Wine and Spirits. Tickets are $20.

For more information on the festival, the auction or to purchase wine tasting tickets, visit the OHNA web site at www.originalhighlands.com, purchase them from the Wine Market, call Jackie Leslie at 582-2112 to pre-order tickets or mail your check to OHNA, PO Box 4195, Louisville, KY 40204. Tickets will also be available at the door.

WINDOWS

(Continued from page 6)

stripping specially designed for retrofitting can be added to make the original window fit tightly and operate smoothly.

Several businesses in Louisville are devoted to historic window restoration. A window notebook is available for loan at the CTA office. It contains more window treatment information and a list of five different local firms specializing in historic window restoration. Residents who feel they have window “problems” are encouraged to take a look at the information in this notebook and speak with either a staff member at the Landmarks Commission office (574-3321) and/or one or more of the window restoration companies before determining their next step.

ARC CRITERIA AND COMPOSITION

• Each ARC Committee shall consist of seven members.
• One member shall be the Director of the Department of Inspections, Permits and Licenses or his or her designee,
• Two members shall be members of the Commission appointed by the Commission Chairperson.
• Four members shall be appointed by the Commission and approved by the Metro Council.
• No fewer than two members shall be owner-residents or tenants within such district.
• One member shall be a real estate professional.
• One member shall be an architect.
• One member shall be the owner of income producing property located within the district.
• All members shall have a known interest in local landmarks districts preservation.
• Members appointed by the Commission shall serve at the pleasure of the Commission.
HIGHLANDS COMMUNITY MINISTRIES

HCM Regular Programs

Senior Services: 459-0132
- Weekday lunches and activities at Douglass Blvd. Christian Church
- Meals delivered weekdays to shut-ins
- Newsletter about activities and trips for seniors.
- Adult Day Health Center at St. Paul United Methodist Church (459-4887).

Highlands Court: 454-7395
One bedroom apartments are available for low income elderly and the physically handicapped.

Day Care for infants to age 5 years: St. Paul United Methodist Church and Douglass Blvd. Christian Church, 458-3045; Eastern Star Home, 458-8723

Individual & Family Assistance for rent, utilities, medicine, food, etc.; call 451-3626

HCM Special Programs

Five Day Vacation to Branson
October 12—19
HCM is still taking reservations for this trip. Double occupancy is $499. Call 451-3695 for more details.

Bardstown/Trappist Monastery Day Excursion
Wednesday, October 21.
Enjoy the fall foliage, visit the Basilica of St. Joseph, enjoy a buffet meal at the Stephen Foster Restaurant and visit the Trappist Monastery. Cost for the bus and buffet meal is $24 per person, due by September 1. Call 451-3695 for details.

WEEK IN THE HIGHLANDS OCTOBER 3—11

Coordinators: Linda Bowles – 451-7535, fax 451-7707, e-mail lbowles@bluegrass.net
John Chamberlain – 852-6430 or 456-5852, e-mail j.chamberlain@louisville.edu

Monday, September 28
New this year. Monday Fund Day
Dine from 11:00 am to midnight at any of the O’Shea’s Family of Restaurants (Brendan’s at 3921 Shelbyville Road; Flanagan’s at 934 Baxter Avenue or O’Shea’s at 956 Baxter Avenue) and 100% of the day’s proceeds will go to support HCM’s programs.

Saturday, October 3
Highlands Cup 5K Run/Walk
Contact Stan Esterle at HCM, 451-3695.

Panake Breakfast
Douglass Blvd. Christian Church Gym – 8:30 a.m.

Sunday, October 4
Highlands-Douglas Big Rock Jazz Fest – 2:00 – 7:00 p.m.
Contact: Jay Douds at 479-3530

Thursday, October 8
Empty Bowls, a soup supper. 5:30 – 8:00 p.m. Bellarmine University’s Frazier Hall
$30 for meal and potter’s bowl / $15 for meal only ($5 for ages 12 and under). Benefits HCM Individual and Family Assistance Program.
Contact: Lynn Humphrey at 451-3626

Friday, October 9
Belknap Festival Eve – 6:00 – 10:00 p.m.
Food and live music by the Louisville Leopard Percussionists and the Parentz Band held at the Douglass Loop, 2200 block of Bardstown Road.

Saturday, October 10
15th Belknap Fall Festival – 10:00 a.m. – 7:00 p.m. (rain or shine) - Free
Historic Douglass Loop off 2200 block of Bardstown Road - Dundee Road, Harvard Drive, & Yale Drive/Wibben Avenue. Featuring 100 booths of juried arts and crafts, family fun, educational area, food, Deer Park Environmental Village and live music by Potluck Ramblers, Walker and Kays, Rascals of Ragtime, Atherton High School Jazz Band and Earbone.
Contact: Linda Bowles at 451-7535

Sunday, October 11
Farmington Harvest Festival – Noon – 5:00 p.m.
3033 Bardstown Road.
19th Century hemp plantation, archaeology, crafts, old-fashioned games and activities, period music, costumed interpreters, tours, great food and more.
Contact: Andrea Pridham at 452-9920

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**CHILDREN’S PROGRAMS**

**REGULAR STORY TIMES**

**Family Story Time**
Every Tuesday at 7 pm
Ages 3 — 8 yrs.

**Toddler Story Time** — 10:15 am
Every Wednesday  Ages 2 to 3 yrs.

**Mother Goose Time** — 10:15 am
Every Thursday. For "walkers" up to 2 yrs.

**FEATURED PROGRAMS**

**Fly Away Home**
Tuesday, September 15, 7 pm
Stories of insects that fly
Ages 3 — 8

**Campfire Stories**
Tuesday, October 6, 7 pm
Hear stories around our indoor campfire and make a scrumptious treat.
Ages 3 — 8

**They All Fall Down**
Tuesday, October 13, 7 pm
Seasonal stories.
Ages 3—8

**TEEN OUTPOST**

**Anime Club** — 4:30 — 6:30 pm
Third Wednesday of each month.
Ages 14—19 (Participants under 14 must have a signed parental permission slip.)
September 16, xxxHolic
October 21, prepare sweet sushi and view Full Metal Panic!
November 18, TBA

**Happy Birthday, Hershey!**
Monday, September 14, 3:30 pm
Celebrate Milton Hershey’s birthday with everything Hershey ice cream sundaes.
Ages 12—19

**Teen Read Week—Read Beyond Reality**
See related article, this page.
Ages 12—19

**Vampire, Werewolf or Zombie?**
Monday, October 19, 3:30 pm
How well do you know the habits of these supernatural creatures? Participate in our trivia game to receive a prize.
Ages 12—19

**Create Your Own Paper Toy Transformer**

**ADULTS’ PROGRAMS**

**Selling Personal Items for Maximum Profit**
Reference librarian Rob Gieszl gives tips on using E-Bay, Craigslist and other online resources.
Thursday, September 10, 7 pm

**GED Express: Preparation for the GED Exam**
Taught by an instructor from the Adult Education Student Services, Jefferson Public Schools. Call 485-3400 to enroll.

**Finding Health and Wellness Information**
Learn how to locate reliable information on health questions of all types. Elizabeth Smigielski from U of L’s Health Sciences Library will guide
Tuesday, September 15, 2:30 pm

**Be Money Smart: Borrowing Basics**
Kelly May of the Kentucky Department of Financial Institutions presents this Federal Deposit Insurance Corporation program on loans, credit cards, credit reports, and avoiding predatory lending/fraud. Participants will receive free handouts/materials to keep. Call 574-1672 to register.
Wednesday, October 21, 7 pm

For additional information about library programs, call the library at 574-1672. You can also pick up a newsletter at the library in the Mid City Mall. Visit the web site at www.llpl.org.

**TEEN OUTPOST CELEBRATES TEEN READ WEEK**

**A special word from Teen Services Librarian, Peter Howard.**

The Teen Outpost will celebrate Teen Read Week 2009 on October 18—24. This year’s theme is Read Beyond Your Reality @ Your Library, which encourages teens to read something out of this world, just for the fun of it. Teen Read Week is the initiative of Young Adult Library Services Association (YALSA) which started in 1998.

Why is it important to celebrate Teen Read Week? For a lot a reasons! Teens have many options for entertainment, so it’s important to remind them so spend time reading for pleasure. It’s free, fun and can be done anywhere. Research shows that teens who read for fun have better test scores and are more likely to succeed in the workforce. Also, it’s a great chance for the public library to show how important teen services are. The library would like teens to know the possibilities that exist within their doors, and within the covers of books. The Outpost will host a variety of activities during Teen Read Week. See calendar listings for more details. Teens will also have a chance to vote on the Teen Top Ten reads for the previous year. More than 5,000 school and public libraries registered to participate in Teen Read Week last year. For more information about Teen Read Week, call the Outpost at 574-6140.
Fall 2009 Issue

Cherokee Triangle Association Officers and Trustees (2009-2010)

The CTA holds meetings the 3rd Monday of the month except July & December, at 7:00 p.m. at the Highlands-Shelby Park Library branch in the Mid-City Mall. All are welcome to attend.

John Downard – President  Amanda Hardaway
Rob Townsend—Vice President  Pete Kirven
Antonia Lindauer-2nd VP  Lynne Lyndrup
John Fendig – Secretary  Rebecca Matheny
Peggie Elgin – Treasurer  Bryan Mathews
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